

January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 Breakfast Pita Tomato Salsa Sliced Pears Fruit Juice Choice Milk Choice	5 Whole Grain Cinnamon Roll Mandarin Oranges Fruit Juice Choice Milk Choice	6
7	8 Whole Grain Cereal Yogurt Cup Fresh Apple Fruit Juice Choice Milk Choice	9 Biscuit & Gravy Pineapple Chunks Fruit Juice Choice Milk Choice	10 Cinnamon Toast Fresh Citrus Fruit Cup Fruit Juice Choice Milk Choice	11 Western Omelet Quesadilla Tomato Salsa Fresh Grapes Fruit Juice Choice Milk Choice	12 French Toast Sticks Syrup Fruit Cocktail Fruit Juice Choice Milk Choice	13
14	15 Whole Grain Cinnamon Roll Fresh Banana Fruit Juice Choice Milk Choice	16 Mini Waffles Syrup Apricot Halves Fruit Juice Choice Milk Choice	17 Breakfast Pizza Peach Slices Fruit Juice Choice Milk Choice	18 Excellent Egg Taco Tomato Salsa Graham Snacks Fresh Kiwi Fruit Juice Choice Milk Choice	19 Whole Grain Muffin Rosy Applesauce Fruit Juice Choice Milk Choice	20
21	22 Whole Grain Cereal Sausage Patty Diced Pears Fruit Juice Choice Milk Choice	23 Biscuit & Gravy Fresh Oranges Fruit Juice Choice Milk Choice	24 Kansas Granola Bar Apricot Halves Fruit Juice Choice Milk Choice	25 Chicken Biscuit Breakfast Sandwich Fresh Mixed Fruit Cup Fruit Juice Choice Milk Choice	26 Pancake on a Stick Fresh Strawberries Fruit Juice Choice Milk Choice	27
28	29 French Toast Sticks Syrup Fresh Grapes Fruit Juice Choice Milk Choice	30 Oatmeal Breakfast Rounds Yogurt Cup Strawberries & Bananas Fruit Juice Choice Milk Choice	31 WW Bagel Toppings Fresh Apple Fruit Juice Choice Milk Choice			

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